Choosing a child restraint

Choose a restraint that meets the Australian Standard.
You can buy or rent restraints.
Be careful when you buy or borrow a second-hand child restraint. Make sure:
- it is not more than 10 years old
- it has not been in a car crash
- the straps are strong and not worn
- the buckles are not bent
- the attachment points are not cracked or discoloured
You cannot use restraints from overseas.
Some restraints have height markers to indicate if the restraint is suitable for the child.

For more information about buying a child restraint ring 13 22 13 or visit www.crep.com.au

You can also visit the Seat Me Safely interactive web program on child restraints at www.kidsafensw.org

Installing a child restraint

Follow the manufacturer’s instructions when installing a restraint in your car.
You can get help installing a child restraint from an approved fitter.
The fitter will charge a fee for this service. To find your nearest fitter, ring 13 22 13 or visit the road safety page on the Kidsafe website.
Contact your local council to find out about free child restraint fitting days in your area.

Supported by Transport for NSW
Contact us for more information:
Between 6 months and 4 years
At this age children can remain in a rearward facing restraint. When they are too big for that restraint, they can move to a restraint that:
• faces forward
• is held in place by the seatbelt and a strap at the top which ties it to the car
• has a six-point harness system
The harness should hold the child firmly.

Children over 7 years
Older children generally fit into an adult seatbelt when they are around 140 to 145cms tall. Continue using the booster seat until the child fits the adult seatbelt.

All children should be seated in the back seat. Children over 4 years may be placed in the front seat only if all the back seats are occupied by children under 7 years old.