

Drug & Alcohol Services

FOR THE CENTRAL COAST



Aim of Our Services

To improve the health and well-being of people affected by the use of alcohol and drugs and to reduce the risks of harm to individuals and communities associated with alcohol and drug use.

Commitment

Drug & Alcohol Services for the Central Coast have a strong commitment to:

- taking a holistic view of alcohol and drug problems
- being responsive and flexible
- empowering individuals and organisations to work more effectively with drug & alcohol problems
- clients rights and responsibilities
- providing expert high quality services based on evidence
- professional development

Services Provided

- Intake over the telephone
- Withdrawal Management Unit at Wyong Hospital
- Opioid treatment programs
- Individual and group counselling
- MERIT (Magistrates Early Referral into Treatment) program
- Hospital inpatient consultation & liaison
- Specialist medical assessment and treatment
- Prevention programs
- Cannabis clinic
- Aboriginal consultancy
- Substance Use in Pregnancy & Parenting service (SUPPs)
- Drug & Alcohol Youth team

Intake

Contact Intake on phone

4394 4880 (Mon-Fri 8.30am-4.30pm)

to access information and advice regarding alcohol and other drugs, and/or referral to Drug and Alcohol Services.

The Intake worker is a clinician who will link the caller to the most appropriate treatment option within our services or by referral to an external agency.

General information and advice is also provided to family members, friends and other providers requiring information or support on any drug and alcohol issue.

Withdrawal Management Unit

Maruma-li is a 15 bed inpatient unit situated on the grounds of Wyong Hospital. The unit provides a safe and respectful environment for people wanting to withdraw from alcohol and/or other drugs.

Call 4394 4880 to speak with the Intake worker for more information about accessing this inpatient service.

Opioid Treatment

The Opioid Treatment Program (OTP) aims to improve the health and wellbeing of individuals who have problems with opiate use. As a result, risks that arise from opiate use, such as spread of HIV, Hepatitis C and B and crime are reduced. The Opioid Treatment Programs provide:

- methadone and buprenorphine (bup/naloxone) treatment
- dosing and support through Kullaroo & Wallama Clinics and support for clients of GPs and Pharmacists
- case management to assist people in areas of their lives including general health, family and parenting, relationships, financial and legal issues, housing, employment and education and training

Hours of operation are:

8.30am - 4.30pm, Monday - Friday

Telephone: 4394 4880

www.cclhd.health.nsw.gov.au



Health
Central Coast
Local Health District

Counselling

The Counselling Service provides counselling and advice to persons, family and friends affected by alcohol and/or other drugs. It is designed to give people access to a wide range of effective treatment approaches. The Counselling Service provides:

- assessment
- relapse prevention
- brief intervention counselling
- individual counselling
- group programs
- skills training

Merit

The Magistrate Early Referral into Treatment Program (MERIT) is a court diversion program with a particular focus on Woy Woy, Wyong and Gosford local courts. Special criteria for admission apply and the MERIT office can be rung on 4320 3057 for more information.

Health Promotion and Prevention

The Drug and Alcohol Service undertakes health promotion and prevention activities and partners with other agencies on specific projects.

Specialist Medical Service

The Medical Service provides:

- medical assessment
- interlock Interventions
- forensic assessments
- specialist drug & alcohol medical treatment
- clinical consultation for clients, staff & local GPs
- education & training
- pharmacotherapy treatment

Hospital Consultation & Liaison Service

The Hospital Consultation and Liaison Service provides specialist consultation to people with alcohol or other drug related problems who have been admitted to hospital or have presented to the Emergency department. It also advises and assists hospital staff in their care of patients who have alcohol and other drug problems.

Aboriginal Consultancy

The Aboriginal Drug and Alcohol Manager is employed to assist all our services provide a more culturally aware response to the needs of Aboriginal clients and their families.

Cannabis Clinic

The Central Coast Cannabis Clinic provides:

- assessment & counselling for individuals concerned about their cannabis use
- information and advice to partners or carers on how to support a person with a cannabis addiction going through treatment
- a separate Cannabis Intake Line can also be accessed by calling 4394 7999 during business hours.

Substance Use in Pregnancy & Parenting (SUPPs)

SUPPs is a team who work with women during pregnancy and up to 2 years following birth.

The team provides:

- treatment and ongoing support for women who are using alcohol and other drugs during their pregnancy
- support to family members in accessing drug & alcohol treatment services
- family planning advice

Drug and Alcohol Youth Team

The youth team provides counselling for people 18 years and below who are struggling with moderate to severe substance use. The team also provides general substance information and groups for parents and carers. Call the intake line on 4394 4880.

Central Coast Local Health District Drug and Alcohol Services

HOURS OF OPERATION ARE:

8.30am to 4.30pm Monday to Friday

Telephone **4394 4880**

Facsimile 4394 4881

PO Box 4200, Lake Haven NSW 2263

www.cclhd.health.nsw.gov.au

Services available at:

- Wyong & Gosford Hospitals
- Community Health Centres at:
 - Long Jetty
 - Lake Haven
 - Wyong Central
 - Erina
 - Gosford
 - Woy Woy
 - Wyong

After Hours Emergency Contact Numbers

Ambulance/Police 000

Alcohol & Drug Information Service -

24 hour advice, information & referral (ADIS)

1800 422 599

NSW Mental Health Telephone Access Line

1800 011 511