



SUBSTANCE USE IN PREGNANCY & PARENTING SERVICE

HAVING A BABY?

If you are pregnant, thinking of becoming pregnant, or you have just had a baby

SUPPS would like to support you!

CALL 02 4394 4880

DRUG AND ALCOHOL SERVICES

WHO ARE WE?

We are a Drug and Alcohol team who work with women during pregnancy and up to two years following birth.

WHAT DO WE DO?



Give support and treatment to women who are using (or have used) alcohol and other drugs during their pregnancy



Work with women to make changes to their current drug or alcohol use



Help women to adjust to their role as parents



Assist women to access other support services if needed



Support family members to access drug and alcohol treatment services



Provide birth control advice

CALL **02 4394 4880**

AND ASK TO SPEAK TO A SUPPS TEAM MEMBER



Health
Central Coast
Local Health District

