

NAME

UNIT NO

D.O.B. ____ / ____ / ____

REFERRING GP

PROVIDER NUMBER

REFERRAL DATE ____ / ____ / ____



Central Coast
Local Health District

Respiratory Investigation Unit (Gosford & Wyong)

Tel: **4320 3529** (option 1)

Fax: **4320 2042**

Please email all referrals to CCLHD-Lungs@health.nsw.gov.au



This Laboratory has been accredited by the
Thoracic Society of Australia and New Zealand

Central Coast Local Health District
PO Box 361 Gosford NSW 2250

Date ____ / ____ / ____

Referring Doctor (print) (Bulk Bill)

TO: A/Prof R Soni
Dr P Roach
Dr R Ratnavadivel
Dr R Lee
Dr M Sandeman
Dr C Hunter
Dr H Lam
Other:

Clinical History (*please write legibly*)

Smoking History: Current Ex Never

REQUEST

These tests
available at
BOTH Wyong and
Gosford Hospital
Laboratories

Routine Lung Function (Spirometry, Lung Volumes, DLCO [Hb])
Spirometry and Diffusing Capacity (DLCO [Hb])
Spirometry (Pre and Post): on inhalers off inhalers
Spirometry and Exhale Nitric Oxide (FeNO) (Asthma)
Respiratory Pressures (circle MIP/MEP)
Arterial Blood Gases
Allergy Skin Prick Tests (common inhaled allergens)
Bronchial Challenge with Methacholine
Six Minute Walk Test

These tests available at
the **GOSFORD ONLY**

Hypoxia Altitude Simulation Test (HAST)

Respiratory
Specialist **only**

Other

Referring Doctor Signature

Provider No. / Phone Number

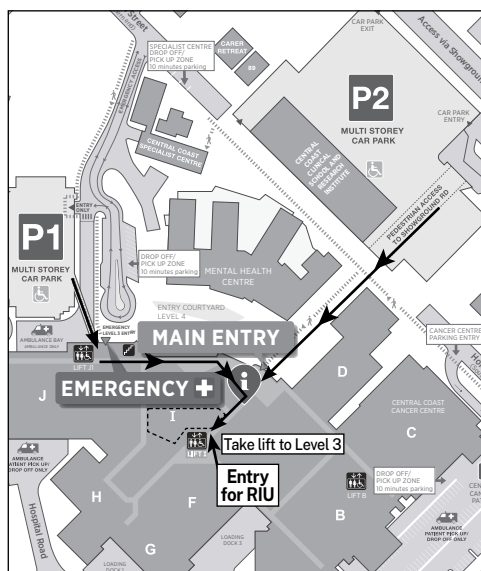
Special Instructions for Patient

1. Before your appointment please do not take the following respiratory medications for the times indicated, **unless you are breathless and need to use them**:
 - **Standard Respiratory Function Tests**: No short acting breathing medications e.g. Ventolin, Bricanyl, Asmol, Airomir for **4 hours** before tests and no long acting breathing medications for **24 hours** before tests. For the first visit, withhold breathing medications for the same times as a bronchial challenge.
 - **Bronchial Challenge Tests**: No short acting breathing medications for **6 hours** before tests, no long acting breathing medications for **48 hours** before tests, and no antihistamines for **72 hours** before tests.
2. **Exhaled Nitric Oxide (FeNO)**: No eating, drinking or smoking for **1 hour** before testing.
3. **Allergy Skin Prick Tests**: No antihistamines for **72 hours** before tests.
4. Please refrain from using perfumes and aftershave.

Directions to the Respiratory Investigation Unit (RIU)

AT GOSFORD HOSPITAL

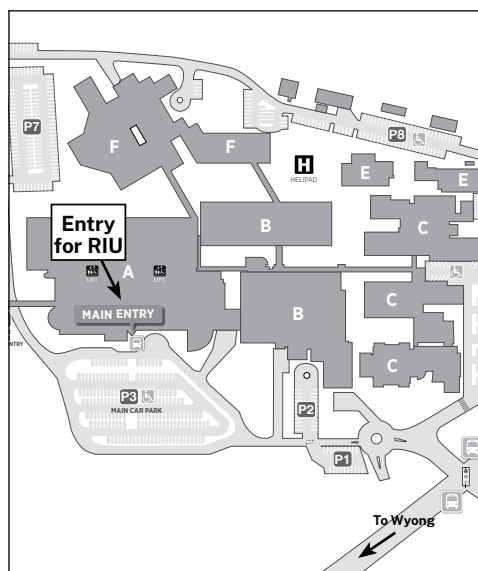
We are located on **Level 3**. Parking is available in the multi storey car parks. Make your way to the Main Entrance, follow the corridor until you reach the lifts, and take the lift down to Level 3. Turn left as you exit the lift to arrive at the entrance to the RIU.



Gosford Hospital

AT WYONG HOSPITAL

We are located near the **Main Entrance**, in **Diagnostic Services**, which is located 5 metres from the **Information Desk**. Parking is available in the lower level car park with stairs to Main Entrance. Drop off or disabled parking is available outside the Main Entrance.



Wyong Hospital