

# Happy Gas

## Oral Health Social Story

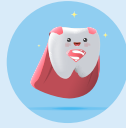


*This written information is to support the  
discussions held with your healthcare provider*

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# Happy gas



Visiting the dentist can be hard sometimes. And when its hard or scary we use happy gas to help make you feel calm and safe.



Happy gas can help you feel calm,  
relaxed, brave and sometimes  
makes you laugh.



You will wear a mask that makes you look like a koala.



Can you practice breathing through your nose ?



Happy gas will help you relax.





# What does it feel like to you?



