

# How to get your patient a great **TOP5**



**Have a DISCUSSION with the CARER**  
they know the information, but only the  
nurse can transfer their knowledge into a  
workable strategy for the ward.

Strategies need to be specific:

**What to do**

**Why & When**

**What will be the impact**

Document the patient's:

**Behaviours**

**Fears & Phobias**

**Rituals**

**Comforters**

**Interests**