Central Coast Local Health District



Fillings

Oral Health Social Story



This written information is to support the discussions held with your healthcare provider



SEP24/V1 CATALOGUE CC12952G-E





Sometimes our baby teeth can get holes in them.



We need to fix those holes, so they don't make you sick.



First, we clean out the yucky part of your tooth with our germ cleaners, this part can sometimes feel cold. The germ cleaner can vibrate and make noises.

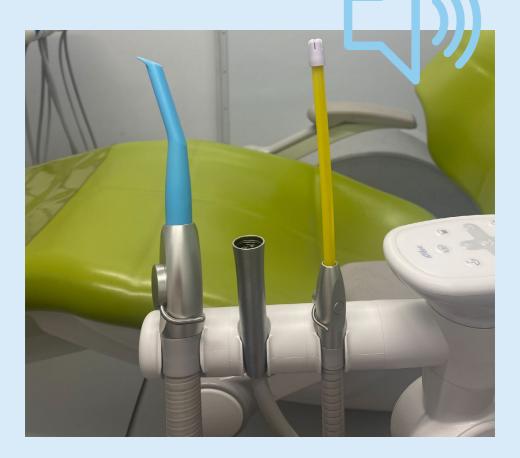


We also use our air sprayer to blow wind on your tooth to keep it dry.





We then wash your tooth with water to make your tooth very clean. To catch the water, we use our big or little tool – these can make some noise.

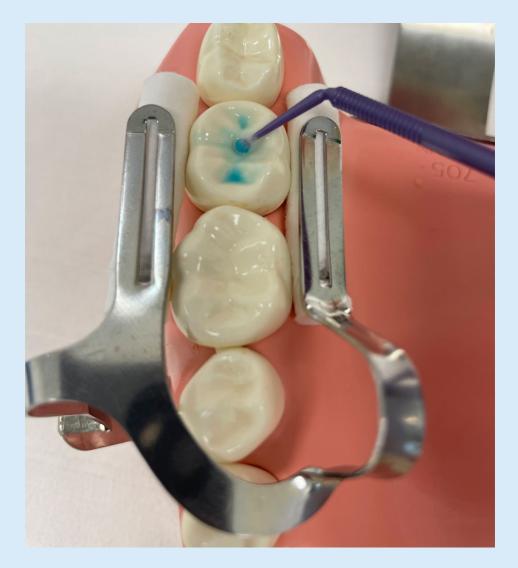


Sometimes we put a clip like a cake tin around your tooth.

This is so the hole in your tooth can be worked on.



We then use our little brush to put on some special blue liquid to clean your tooth.



We then mix the filling. This is a little bit like playdough®.

A special holder helps push the 'playdough' out to fill the hole.





Once we've filled your tooth, we use our blue light to make the 'playdough' go hard. All you need to do is keep your mouth open – big and wide like a tiger.



Then your filling is done!

