



Early Pregnancy Assessment Service (EPAS)

Gosford Hospital

EPAS  4320 3264

Early Pregnancy Assessment Service (EPAS)

This is an appointment only service

EPAS Operating Hours
8.30am to 12.00 midday
Monday- Friday

EPAS is a low risk outpatient facility for women experiencing vaginal bleeding or lower abdominal pain prior to 20 weeks gestation.

The care provided in EPAS is designed to meet the clinical, emotional and social needs of the individual woman. Care is provided with honesty, respect, dignity and sensitivity.

A midwife will arrange your appointment and investigations.

A doctor will be consulted when the results are available.

Social Worker consultation is available. This will need to be arranged as a follow up appointment.

Interpreter Services can readily be arranged, either direct or telephone service.

Referrals to EPAS

Referrals are accepted from CCLHD Emergency Departments (ED) or your local GP. Self-referral is also accepted. If you presented to ED, the staff will have faxed your details to EPAS.

It is important you bring all test results with you for your EPAS appointment.

The EPAS midwife will phone you to arrange an appropriate appointment date and time.

If possible, please **do not** bring children to EPAS.

Be prepared to stay up to 3 hours in the EPAS, as blood tests may be required.

Investigations

Blood collection can be arranged by ED, your GP or EPAS staff. Request forms for blood collection will be provided by the EPAS midwife or doctor as needed.

Ultrasound is important when determining the cause of bleeding and pain in early pregnancy.

You will be provided with an ultrasound form- either in the hospital or an external company.

It is usual for a trans-vaginal ultrasound to be performed as it is the most accurate way to assess early pregnancy. This procedure may be uncomfortable but not painful. This will not harm the pregnancy. A chaperone will be present during the ultrasound.

Follow up

You may choose to have a follow-up visit with your local GP or EPAS.

Follow-up with EPAS:

When the results from all the investigations are available the EPAS midwife and/or doctor will explain them to you, and discuss the options for further management.

The midwife or doctor will arrange further investigations or appointments with EPAS.

A letter will be provided to your local GP regarding your EPAS presentation, investigation and management. A copy of all results will be included.

Please do not hesitate to ask questions or request further explanation. EPAS staff are aware of your anxiety and concern.

If you experience an increase in vaginal bleeding and/or abdominal pain, please seek the advice of your local doctor or present to the Emergency Department immediately

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EPAS Hours

8.30am to 11.45am Monday- Friday

Closed on Public Holidays & weekends.

You can call EPAS and leave your name, medical record number (if known) and best contact telephone number/s.

A midwife will call you within 2 working days to arrange an appointment date and time. The phone call will come up as a 'private number'. The midwives will not leave messages on voicemails to respect your confidentiality.

EPAS is located at Gosford Hospital in the Outpatients Department on Level 3

Please take a seat in the small waiting room next to the EPAS room (adjacent to wheelchair toilet) if the consulting door is closed. The midwife will come out and check to see if you have arrived.

If you experience an increase in vaginal bleeding and/or abdominal pain, please seek the advice of your local doctor or present to the Emergency Department immediately

Early Pregnancy Assessment Service

EPAS (voicemail):

📞 02 4320 3264

Emergency Department

Gosford: 📞 4320 2111

Wyong: 📞 4394 8000

Local Doctor

Central Coast Local Health District
Kids and Families Division