

Directory of Drug & Alcohol Services

Central Coast Health Drug & Alcohol Services

Hours of Operation: 8.30am – 4.30pm Monday – Friday (excluding public holidays)

Telephone: (02) **4394 4880**

Services provided: —

- Intake Over the Telephone
- Inpatient Detoxification Unit
- Opioid Treatment Programs
- Individual and Group Counselling
- MERIT (Magistrates Early Referral into Treatment) Program

Central Coast Drug & Alcohol Intake

Hours of Operation.....8.30am – 4.30pm
Monday to Friday

To access Drug and Alcohol services on the Central Coast for information, referral and/or advice:

Telephone.....**4394 4880**

Facsimile.....4394 4881

Central Coast Cannabis Clinic.....4394 7999

MERIT4320 3057

Central Coast Harm Minimisation Team

Needle & Syringe Program:

Gosford.....4320 2753

Long Jetty.....4336 7760

Wyong.....4394 8298

Woy Woy.....4344 8472

Clean Up Hot Line.....1800 633 353

Youth Services

D&A Youth Service Central Coast.....4394 4880

Headspace Y-Central.....4304 7870

Kids Helpline.....1800 55 1800

Oasis Youth Centre.....4353 9799

RAPT – Uniting Burnside & Unifam
(Reconnecting Adolescents and Parents Team)1800 067 967

Youth Health (12yrs-24yrs).....4356 9333

Youth Detox Services

Adolescent Withdrawal Unit
(Ted Noffs) Watson ACT/NSW/QLD.....1800 151 045

Nepean Hospital Detox1300 661 050

Triple Care Farm Detox,
David Martin Place (16-24yrs)4885 1265

Youth Rehabs

Kedesh Adolescent Program Berkeley (16yrs+)4222 1800

Ted Noffs PALM, ACT/NSW/QLD (12-18yrs).....1800 151 045

Triple Care Farm, Robertson (16-24yrs)4885 1265

- Hospital Inpatient Consultation & Liaison
- Specialist Medical Assessment & Treatment
- Prevention Programs
- Aboriginal Services
- GP Liaison Officer
- Substance Use in Pregnancy and Parenting Program
- Drug & Alcohol Youth Service

Detox Units

Central Intake Western Sydney9840 3355

Concord Hospital Detox.....1800 793 466

Corella Lodge Way Ahead – Fairfield.....9616 8586

Gorman Unit Way Ahead,
St Vincent's Hospital8382 1080

Herbert Street Detox1300 889 788

Hunter Drug & Alcohol, Intake.....1300 660 059

Jarra House (Women)9661 6555

Maruma-li Unit Wyong Hospital4394 4880

Nepean Hospital1300 661 050

Odyssey House, Campbelltown1800 397 739

Riverlands – Lismore Hospital.....6620 7608

Lives Lived Well – Berkeley/Orange1300 727 957

William Booth, Surry Hills9212 2322

Private Detox Units

Brisbane Waters Private.....1800 814 226

Ramsey Clinic, Northside9433 3555

Ramsey Clinic, Wentworthville.....8833 2222

South Pacific Private, Curl Curl.....1800 063 332

St John of God, Burwood.....9715 9200

St John of God, Richmond.....4570 6100

Male and Female Rehabilitation

Canberra Recovery, Fyshwick6295 1256

Dooralong Transformation Centre.....4355 8000

Foundation House, Rozelle.....9555 4034

Freeman House, Armidale.....6776 8117

Karralika, ACT.....6185 1300

Kedesh House, Berkeley/Manly/Unanderra.....4222 1800

Odyssey House, Campbelltown1800 397 739

The Buttery, Byron Bay INT – Fri Only6687 2399

WHOS, Cessnock4991 7000

William Booth, Surry Hills9212 2322

Lives Lived Well – Orange/Watershed.....1300 727 957

Rehabilitation – Females (only)

Detour House, Glebe.....9660 4137

Guthrie House, Enmore9564 5977

Jarra House, Little Bay (Women & children)

Intake – Wed, Thur, Fri 9-12.....9661 6555

Kamira Farm, Hamlyn Terrace (Women & children).....4392 1341

Lives Lived Well – Eloyra (Women & children)1300 727 957



Central Coast
Local Health District

The Glen for Women.....	4388 6360
Kathleen York, Glebe.....	9660 5818
Phoebe House, Arncliffe.....	9005 1570
WHO's New Beginnings, Rozelle	8572 7433

Rehabilitation — Men (only)

Adele House, Coffs Harbour.....	1300 286 693
Namatjira Haven, Alstonville.....	6628 1098
ONE80TC Yarramundi.....	1800 679 657
Oolong House, Nowra.....	4422 0644
Orana Haven, Brewarrina	6874 4886
Sherwood Cliffs, Coffs Harbour.....	6649 2139
The Glen, Chittaway Point	
INT – website only (online application)	
www.theglcenre.org.au	4388 6360
WHO's Gunya, Rozelle.....	8572 7455

Rehabilitation – Couples/Families

Karralika, Canberra (family).....	6185 1300
Odyssey House, Campbelltown	1800 397 739
Sherwood Cliffs, Coffs Harbour	
(Legally married couples and families)	6649 2139
Weigelli Centre Woodstock (No Children)	6345 1868

Dual Diagnosis Rehabilitation

Grow Australia, West Hoxton.....	9606 0579
Kedesh, Berkeley.....	4222 1800
Dooralong Transformation Centre.....	4355 8000

Opioid Treatment Programs

Clinic 36 (Chippendale – private)	9211 2311
Herbert St Pharmacotherapy Unit	9462 9177
Kullaroo/Wallama-Central Coast.....	4394 4880
Northern Beaches OTP, Brookvale.....	9388 5111
Newcastle OTP	4016 4514

OTP Rehabs

Kedesh House	4222 1800
Karralika, ACT.....	6185 1300
Phoebe House (Women).....	9005 1570
Wayback Ltd, Harris Park.....	9633 4800
WHO's OSTAR, Rozelle.....	8572 7497
WHO's RTOD, Rozelle.....	8572 7497
OTL – Opioid Treatment Line (Information, education, referral & forum for methadone and buprenorphine service issues) previously MACS.....	1800 642 428
The Buttery – Maintenance to Abstinence	6687 1111

HIV – AIDS – HEP C

ACON (Aids Council of NSW).....	1800 063 060
Q-Life (Gay & Lesbian Counselling Service)	1800 184 527
Hepatitis Infoline	1800 803 990
PEP Hotline	
(post exposure prophylaxis – 24hrs).....	1800 737 669

Allied Information & Counselling

Baptist Care Counselling & Family Service.....	1300 130 225
Biala Cottage (Sexual Assault – Gosford Hosp).....	4320 3175
Child Protection Helpline	132 111
Coast Shelter Emergency Accommodation	4325 3540
NSW Domestic Violence Line	1800 65 64 63

Eating Disorders Central Coast Health.....	4396 5111
Holden St Sexual Health Gosford Clinic.....	4320 2114
Kids Helpline	1800 55 1800
Lifeline.....	13 11 14
Link2home.....	1800 152 152
Men's Line Australia.....	1300 78 99 78
Mission Australia, Surry Hills Accom.....	9356 0600
Parent Line	1300 1300 52
Poisons Information.....	13 11 26
NSW Sexual Violence Helpline (24hrs)	1800 424 017
Relationships Australia.....	1300 364 277
Sexual Health/InfoLine.....	1800 451 624
Translations & Interpreting.....	131 450
Uniting Burnside & Unifam.....	1800 067 967
Victims Services Line.....	1800 633 063
Wesley City Mission (Counselling).....	9263 5555
Community Women's Health (Wyoming)	4324 2533
Suicide Callback Service.....	1300 659 467
Beyond Blue.....	1300 224 636

Self Help – Groups

AA Central Coast.....	4323 3890
Al-Anon (Family Groups).....	1300 252 666
CMA (Crystal Meth Anonymous).....	0493 142 522
Narcotics Anonymous (NA).....	1300 652 820
NA meetings call or SMS	0488 811 247
Nar-Anon (Families)	0412 217 509
Family Drug Support.....	1300 368 186
G-Line NSW (Gambling).....	1800 633 635
Quitline – tobacco	13 78 48
SMART Recovery	smartrecoveryaustralia.com.au
Gamble Aware (24/7).....	1800 858 858

After Hours Emergency Contact Numbers

Ambulance or Police	000
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ADIS – Alcohol & Drug Information Service (24hr advice, information & referral)	1800 250 015
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NSW Mental Health Telephone Access Line.....	1800 011 511
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LINK TO HOME – Adult & Youth Emergency Accommodation	1800 152 152
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Useful Websites

Central Coast Local Health District.....	www.cclhd.health.nsw.gov.au
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Contact Service for people living with HIV	www.positivelife.org.au
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NSW Department of Health	www.health.nsw.gov.au
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Australian Drug Foundation	www.adf.org.au
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Your Room.....	www.yourroom.health.nsw.gov.au
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The National Depression Initiative	www.beyondblue.org.au
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Information for Depression & Bipolar Disorder.....	www.blackdoginstitute.org.au
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Family Drug Support.....	www.fds.org.au
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