

Central Coast Cannabis Clinic



Phone 4394 7999

Aim of the Cannabis Clinic

To improve the health and well-being of people affected by the use of Cannabis and to reduce the risks of harm to individuals, families and communities associated with alcohol and drug use.

Counselling Services are provided at:

- Gosford
- Erina
- Wyong Hospital
- Wyong Central
- Headspace

Services provided

The Cannabis Clinic provides counselling and advice to persons, family and friends affected by Cannabis. It is designed to give people access to a wide range of effective treatment approaches.

The Cannabis Clinic provides:

- Assessment
- Motivational Interviewing
- Group Programs
- Individual Counselling
- Relapse Prevention Skills
- Brief Intervention Counselling
- Skills Training
- Referrals to Detoxification and Rehabilitation Programs

Cannabis Clinic staff

The service is staffed by experienced full time and part time psychologist and clinical psychologists.

Who can access the Cannabis Clinic?

- Any person over sixteen years of age who wants to stop or significantly reduce their cannabis use.
- Family members requiring information, support, and brief counselling regarding their family member's cannabis use.
- We also provide counselling for clients between the ages of 16-26 years at Headspace.
- People who have stopped and want support to prevent relapse.
- People who are thinking about changing their cannabis use and would like information about their options.



How to access the Cannabis Clinic

The Cannabis Clinic can be accessed through a self-referral to the Central Coast Local Health District Intake Service number

4394 7999

Monday to Friday

8:30 am to 4:30 pm

What happens then?

Following the referral the person will be contacted by a member of the Cannabis Clinic to arrange an initial appointment.

At the first session, the counsellor and client will work out together the most appropriate treatment approach tailored to the client's individual needs.

We ask that if you are unable to attend an appointment that you phone call your counsellor as soon as you are aware of the circumstances so that your appointment time can be reallocated to someone else.

This is a free service provided by Central Coast Local Health District.

Further Information:

**Central Coast Local Health District
Drug & Alcohol Services
Cannabis Clinic**

Tel: 4394 7999 Fax: 4320 2423

www.cclhd.health.nsw.gov.au

