

Central Coast Local Health District
Drug & Alcohol Counselling Service



Cannabis Clinic

Client Information Brochure

Cannabis Clinic Intake

8.30am — 4.30pm, Monday to Friday

📞 (02) 4394 7999



What does the Cannabis Clinic Counselling Service offer?

The Cannabis Clinic provides a Community Based Drug and Alcohol Counselling Service to people 18 years and over who want to stop, or significantly reduce, their cannabis use.

We also provide support to families of those attending our service.

The Cannabis Clinic is staffed by experienced and qualified clinicians.

Our counsellors understand the complexity of other presenting issues such as mental, physical health, family and legal issues.

Our counsellors will work with you to identify your substance goals and to develop an evidence based treatment plan.

We can assist with referrals to detox, rehabilitation services, and the Relapse Prevention Group where required.

So what happens when you contact our Service?

When you contact the Intake Line **ph. 02 4394 7999**, a clinician will call you back to complete a brief assessment of your needs to ensure this is the correct service for you.

Following the Intake call, or if the referral is made through the hospital system, you will be contacted by a clinician to offer you an appointment to commence counselling.

We offer appointments at Gosford, Erina, Wyong Central, Wyong Hospital and Lake Haven. Phone appointments can also be provided where appropriate.

All calls from the Cannabis Clinic will appear on your phone as a private number.



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Appointments are available between 8:30am and 4:30 pm weekdays.

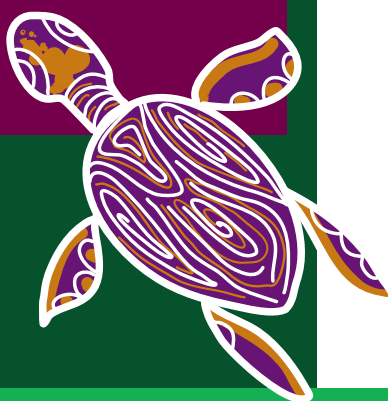
We can liaise with other health care and service providers if it assists in your treatment.

We can send you a text reminder for the appointment and will let you know if for some reason we need to change your appointment .

The Cannabis Clinic does not provide prescriptions for Medicinal Cannabis.

Aboriginal Services:

An Aboriginal Drug & Alcohol Health Worker is available to support, and assist in providing a more culturally aware response to the needs of Aboriginal clients and their families.



Additional CCLHD Drug and Alcohol Services

We are part of an integrated Drug and Alcohol Service that includes:

- Maruma-li Detoxification Unit
- Opiate Treatment programs
- Addiction Medicine
- Substance Use in Pregnancy Service (SUPPS)
- Drug & Alcohol Counselling Team
- Youth Drug and Alcohol
- Magistrates Early Referral into Treatment (MERIT)
- Assertive Case Management Team
- Needle and Syringe Program (NSP)
- Relapse Prevention Group
- Drug and Alcohol Aboriginal Health Support

Services are provided within a harm minimisation framework and include:

- comprehensive assessment
- counselling
- psychological and social support
- relapse prevention
- referrals

Central Coast Local Health District Drug & Alcohol Services

8.30am - 4.30pm

Monday to Friday

Phone: (02) 4394 4880

Fax: (02) 4394 4881

PO Box 4200, Lake Haven NSW 2263

www.cclhd.health.nsw.gov.au



24/7 Support & Emergency Contacts

Alcohol & Drug Information Service (ADIS)

1800 422 599

A free and confidential counselling helpline

Mental Health Telephone Access Line

1800 011 511

If you are worried about your own or someone else's mental health

Family Drug Support

1300 368 186

For families of people who use substances

Police / Fire / Ambulance

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If you or someone else is in need of emergency/urgent help.