



Central Coast Drug & Alcohol Aboriginal Health Support Information



The Aboriginal Drug & Alcohol Health Worker works within an multidisciplinary team and provides cultural and clinical support to clients. This may include case management, crisis support and advocacy for all Aboriginal and Torres Strait Islander clients and their families who access Drug & Alcohol Services on the Central Coast area.

 **4394 4800**

Call this number Monday to Friday between 8:30am-4:30pm and ask to speak to the Intake Officer.

Needle Syringe Program (NSP)

NSP is focussed on harm minimisation through the provision of safe injecting equipment.

Gosford	 4320 2753
Wyang	 4336 7760
Long Jetty	 4336 7760
Woy Woy	 4344 8472
Needle Clean up Hotline	 1800 633 353

Sexual Health / Holden Street Clinic

HIV and STI testing and treatment.

Gosford	 4320 2114
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Liver Clinic

Hepatitis C testing and treatment.

Gosford/Wyang	 4320 2390
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Central Coast Drug & Alcohol Rehabs

The Glen Centre (Men and Women)	 4388 6300
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Kamira Alcohol and Other Drug Treatment Services (Women only)	 4392 1341
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Dooralong Transformation Centre (Men and Women)	 4355 8000
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Central Coast
Local Health District

Additional CCLHD Drug & Alcohol Services

We are part of an integrated Drug and Alcohol Service that includes:

- Maruma-li Detoxification Unit
- Opiate Treatment programs
- Addiction Medicine
- Substance Use in Pregnancy Service (SUPPS)
- Cannabis clinic
- Counselling Team
- Assertive Case Management Team
- Youth Drug and Alcohol
- Magistrates Early Referral into Treatment (MERIT)
- Group Programs

Services are provided within a harm minimisation framework and include:

Comprehensive assessment, counselling, psychological and social support; relapse prevention; client advocacy; education activities and referrals.



Nunyara Aboriginal Health Unit

Nunyara is the Aboriginal Health Unit within the Central Coast Local Health District and provides a number of services for the local Aboriginal and Torres Strait Islander community.

The Health Services include:

- Aboriginal Hospital Liaison
- Aboriginal Chronic Care
- Aboriginal Pregnancy, Child and Family Health
- Aboriginal Palliative Care Manager
- Aboriginal Cancer Support Worker

**For more information contact
Nunyara Aboriginal Health Unit
on (02) 4320 2698**

Central Coast Local Health District Drug & Alcohol Services

8.30am - 4.30pm
Monday to Friday
Phone: (02) 4394 4880
Fax: (02) 4394 4881
PO Box 4200, Lake Haven NSW 2263
www.cclhd.health.nsw.gov.au



24/7 Support & Emergency Contacts

Alcohol & Drug Information Service (ADIS)

1800 422 599

A free and confidential counselling helpline

Family Drug Support

1300 368 186

For families of people who use substances

Mental Health Telephone Access Line

1800 011 511

If you are worried about your own or someone else's mental health

Police / Fire / Ambulance

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If you or someone else is in need of emergency/urgent help.

